



TIMBER LAKE CAMP

Pack My Rx

NEW for 2023

(replacing CampMeds from past summers)

Who must sign up for Pack My Rx?

Any child who takes a **DAILY** or **AS-NEEDED** medication. That includes **ANY** of the following:

- Prescriptions
- Non-prescriptions/Over-the Counters
- Pills/Liquids
- Creams/Ointments
- Nose sprays
- Eye/Ear drops
- Inhalers
- Fiber Supplements
- Vitamins/Minerals

How do I sign-up ?

By visiting packmyrx.com. Registration opens **February 1st** & must be completed by **May 24th**  (to avoid late fees & to ensure medication arrives prior to the start of camp).

How much does it cost?

\$70 per child, for 60-day supply. This does not include the cost of the medication.

What else do I need to know?

- The Camper Physician Form includes a 1-page set of instructions for your physician  on how to submit your child's script(s) to Pack My Rx. Be sure to share it with your physician.
- Pack My Rx initially fills a 30-day supply. **Ask your insurance to allow a vacation override for the summer months.** A 30-day refill will be sent to camp. Any medication not used at camp will be sent home.
- Parents are responsible for all medications not covered by insurance and co-pays.

Per New York State Law

ALL MEDICATIONS - including over-the counters & vitamins - must have a physician written prescription uploaded to Pack My Rx before being dispensed to your child.

Are there any **EXCEPTIONS** where I do not have to use Pack My Rx?

Yes – but *very* few. They are:

- EpiPens
- Insulin
- Growth Hormones
- Biologics
- Accutane
- Birth Control
- Lactaid
- Multi-vitamins (**Note** – Melatonin, Vitamin D, Calcium & Magnesium **MUST** go through Pack My Rx)

**These exceptions still require a physician written prescription (other than true multi-vitamins).*

What if I have questions?

You can call 888-598-6337 or email info@packmyrx.com.

One last thing ...

We will not accept/dispense any daily meds not received through Pack My Rx (other than the exceptions above).



Dear Physicians,

Pack My Rx works exclusively with **Direct Meds of Florida Pharmacy**, to dispense medications in convenient and safe multi-dose strip pouches.

**Prescriptions must be sent from the physician by
E-Rx, Fax, Mail, or Called in to:**

Direct Meds of Florida Pharmacy

Phone: 954-454-8118 or 888-598-6337

Fax: 954-454-9898

Address: 800 E. Hallandale Beach Blvd. #18
Hallandale Beach, FL 33009

NCPDP: 1053456

**Our pouches are labeled:
BREAKFAST, LUNCH, DINNER, AND BEDTIME
*Please specify when each medication should be given.**

Prescription Medications

- Prescriptions must be written for 30 days with 1 refill to cover the entire summer.
- Generics will be dispensed unless brands are requested as “DAW”.
- We do not dispense compounded medications or Accutane for girls.

Controlled Substance Prescriptions

- Must be sent by either E-Rx or by mailing the original script(s) to us. E-Rx’s are preferred.
- Florida only allows prescriptions for controlled substances for 30 days. Please send 2 separate postdated prescriptions if child is at camp more than 30 days.

Over-the-Counter Medications and Supplements

- Generics will be dispensed unless brands are specifically requested.
- Gummy and dissolvable medications cannot be packaged in pouches, please substitute for chewable alternatives.